

Chronic Disease & Symptom Optimization in the Care of the Older Adult:

A Course for Nurse Practitioners and Advanced Practice Nurses

May 5–6, 2018

Saturday, May 5, 2018 – Day 1

Time	Content	Faculty
0900 – 0915	Welcome and Introduction	Michelle Acorn
0915 – 1115	Management of Common Chronic Diseases Comorbidities & Complexities (Top Ten) <ul style="list-style-type: none"> ◆ Hypertension ◆ Hyperlipidemia ◆ Heart Failure ◆ Atrial Fibrillation ◆ Diabetes 	Michelle Acorn
1115 – 1130	<i>Break</i>	
1130 – 1230	Management of Common Chronic Diseases Comorbidities & Complexities (Top Ten) <ul style="list-style-type: none"> ◆ Arthritis ◆ COPD ◆ Pneumonia 	Katherine Trip
1230 – 1315	<i>Lunch</i>	
1315 – 1415	Management of Common Chronic Diseases Comorbidities & Complexities (Top Ten) <ul style="list-style-type: none"> ◆ Chronic Kidney Disease/Dialysis ◆ CVA 	Katherine Trip
1415 – 1430	<i>Break</i>	
1430 – 1630	End of Life Care <ul style="list-style-type: none"> ◆ Symptom Management ◆ Advanced Care Planning ◆ MAID ◆ Prognostication 	Karen Lock
1630	Wrap up Day 1	

Sunday, May 6, 2018 – Day 2

<i>Time</i>	<i>Content</i>	<i>Faculty</i>
0900 – 1100	Advanced Pharmacology Management and Deprescribing <ul style="list-style-type: none"> ◆ Review Deprescribing of PPIs, Antipsychotics, Benzodiazepines, Glycemic Agents. Lipid Agents ◆ Cased based Applications of Appropriate Prescribing 	<i>Michelle Acorn</i>
1100 – 1115	<i>Break</i>	
1115 – 1215	Management of Common Conditions and Symptoms <ul style="list-style-type: none"> ◆ Acute and Chronic Pain ◆ Controlled Drugs and Substances 	<i>Katherine Trip</i>
1215 – 1300	<i>Lunch</i>	
1300 – 1345	Management of Common Conditions and Symptoms <ul style="list-style-type: none"> ◆ Substance Use Disorders 	<i>Katherine Trip</i>
1345 – 1445	Management of Common Conditions and Symptoms <ul style="list-style-type: none"> ◆ Weight Loss and Nutrition ◆ Thyroid Disease 	<i>Donna Ruffo</i>
1445 – 1500	<i>Break</i>	
1500 – 1630	Management of Common Conditions and Symptoms <ul style="list-style-type: none"> ◆ Influenza ◆ Polymyalgia, Giant Cell Arteritis, Trigeminal Neuralgia ◆ Skin Conditions 	<i>Laurie Bernick</i>
1630	Course Wrap Up and Evaluation	